

Gruesome footage shows podiatrist cutting off a man's brown and overgrown toenail until there's nothing left

- **WARNING, GRAPHIC CONTENT**
- Miss Foot Fixer shares another of her clinic's videos on her YouTube channel
- Ram horn's nail causes the nails to grow long, curvy and discoloured
- Nail is cut down as far as possible, but it won't be the end of the patients' ordeal

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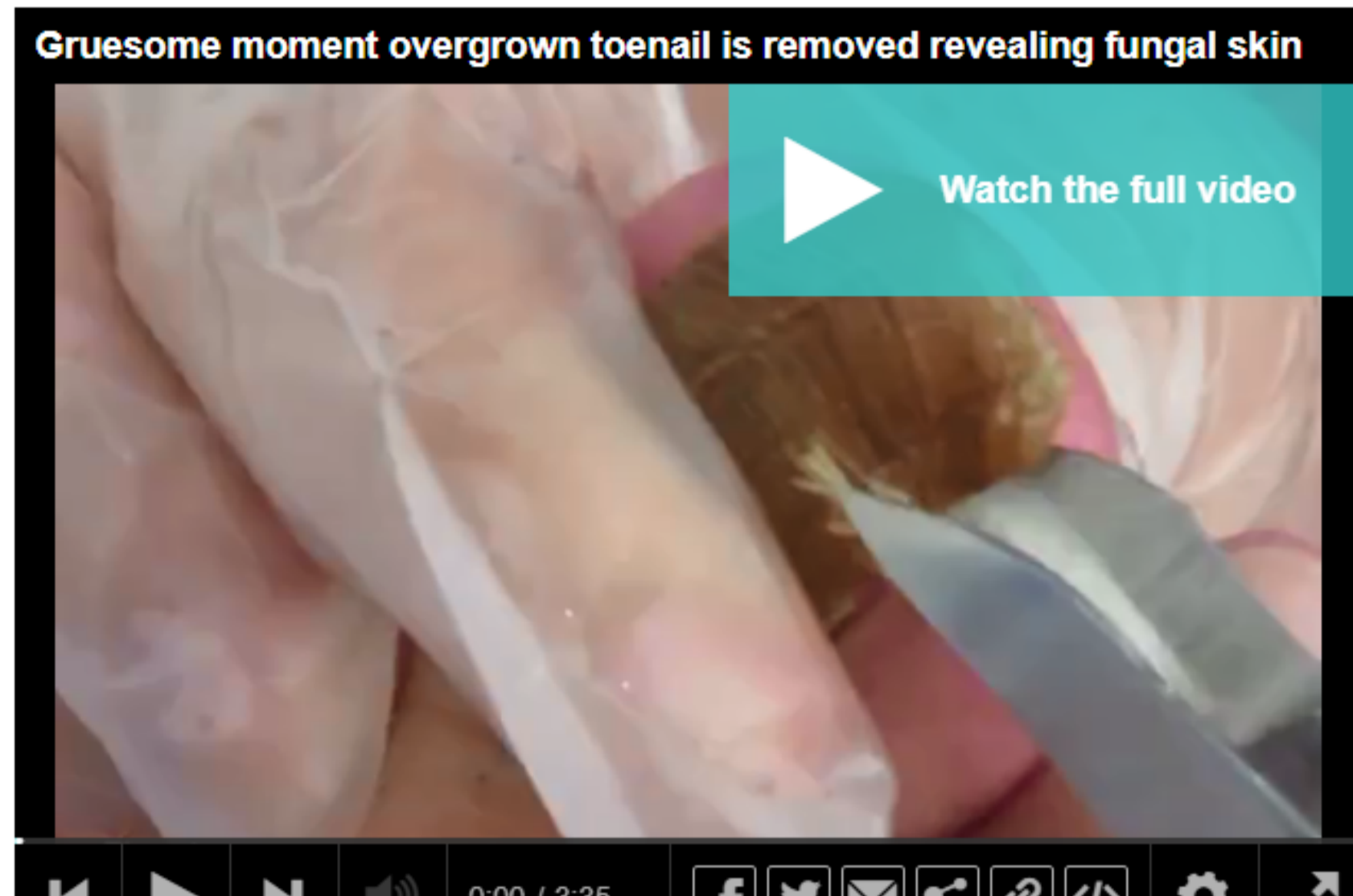
Gruesome video footage has captured the moment a man had an overgrown toenail chopped off.

The man, who hasn't been named, sought help from a podiatrist who calls herself 'Miss Foot Fixer'.

Marion Yau, who works at London's Harley Street Foot and Nail Clinic, treated the man for ram's horn nail.

Medically known as onychogryphosis, it causes the nails to grow thick, curvy and discoloured. It can be difficult to get rid of.

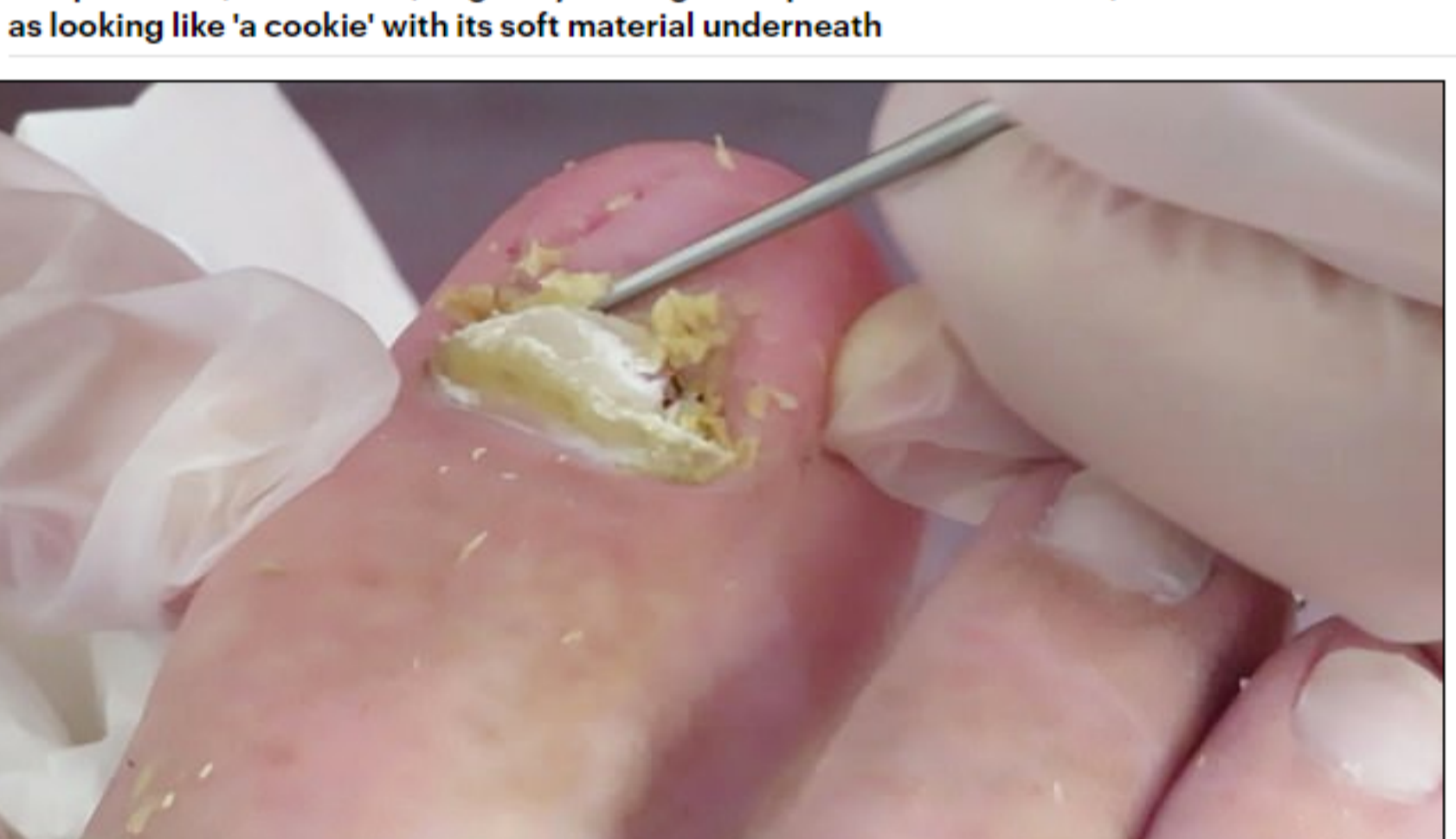
Gruesome moment overgrown toenail is removed revealing fungal skin



Gruesome video footage has captured the moment a man had an overgrown toenail chopped off and filed down by a podiatrist who calls herself 'Miss Foot Fixer'



The podiatrist, Marion Yau, began by cutting the top of the man's nail off, which she described as looking like 'a cookie' with its soft material underneath



Tissue was scraped away to be sent for tests to see if there was a fungal infection

The patient appeared to have difficulty cutting his nails regularly, which is important to manage the condition.

Miss Foot Fixer sent some of the yellow-coloured tissue she removed to be tested for fungal infection.

The podiatrist began by cutting the top of the man's nail off, which she described as looking like 'a cookie' with its soft material underneath.

She told the man, who said he already had to have the removal procedure once or twice before, that the nail was 'pretty damaged'.

At the end of the four minute video, when she couldn't cut any more away, she finished with a before and after photo.

Onychogryphosis causes one side of the nail to grow faster than the other and can become extremely painful - as well as look unsightly.

It can be caused by psoriasis or genetic conditions, but often is due to foot trauma like uncomfortable footwear.

Miss Foot Fixer scraped away at old, yellow skin cells, and told the man she would 'send it to the lab to check if there is any fungus'.

After she cut away at the man's nail for some time, Miss Foot Fixer struggled to get to the bed or the nail.

She moistened it with an more anaesthetic liquid before she filed it down and returned to her scissor-like tool.

At the end of the four minute video, when she finished with a before and after photo.

The condition, which is common among the elderly, is hard to treat and may worsen over time

Miss Foot Fixer used a filing drill to take away any infected material

Dr Adil Sheraz, consultant dermatologist and British Skin Foundation spokesperson said: 'Onychogryphosis is a relatively common condition. It is found more in the elderly population and in patients with poor vascular supply, poor personal care and conditions such as psoriasis.

'It can be treated conservatively which means debridement of the nail using drills and nail clippers. If this fails then definitive treatment is nail avulsion followed by matricectomy (removal of nail matrix).

'In one study a simple nail removal had a recurrence rate of 93 per cent after 12 months, however 17 per cent remained symptomatic.

'Carbon dioxide laser for ablation has also shown good results.'

Miss Foot Fixer is a YouTube sensation, uploading gruesome videos to her channel with 25,000 subscribers.

Read more:
[Healthline: Medical information and health advice you can trust.](#)

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WHAT IS RAM'S HORN TOENAIL?

Onychogryphosis is nicknamed ram's horn nails because the nails are thick and curvy, like horns or claws.

Onychogryphosis mostly affects the toes — specifically the big toes.

If you have onychogryphosis, your nails will look yellow or brown, unusually thick, long and curved.

The condition will get worse with time, and can also cause ingrown nails, pain, infection, inability to exercise and time away from work.

Causes include foot trauma, a fungal infection, psoriasis, peripheral vascular disease and ichthyosis skin condition.

Source: [Healthline](#)

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Iris Law, 19, leaves little to the imagination in a nude sheer mini dress as she cosies up to model beau Jyrrel Roberts, 21, at fashion event in Capri

Denise Van Outen looks incredible in a turquoise satin mini dress as she makes a glamorous exit after performing in Cabaret All Stars show

Molly-Mae Hague looks effortlessly chic in an oversized black blazer and leggings as she enjoys girls' night out in Manchester